

MY 2022–2023 GOALS & AFFIRMATIONS

“My definition of success changed a long time ago. Making a difference in a few lives is a worthy goal. Having enabled a few people to do the things they want to do, that’s really what I want to be remembered for.

—Peter Drucker (in his 90s)

My Vision for My Future – I have phenomenal relationships with Ursula, Sophia, and Halsten. We are all exceptionally happy, healthy, and prosperous. My work is elevating the consciousness of humanity, and I earn significantly more money than I need to live and donate 10-50% to help people who are less fortunate, beginning with my family and friends.

Top Goals for 2022:

1. Finish writing *The Miracle Morning Updated & Expanded* edition.
2. Put systems in place to better nurture my relationship with my community members.
3. Re-launch The Miracle Morning Movie for FREE.
4. Launch The Miracle Morning app membership subscription.

Top Goals for 2023:

1. Launch *The Miracle Morning Updated & Expanded* edition.
2. Release *The Miracle Life* book as a bonus (delivered via email) to TMMU&E edition.
3. Publish *The Miracle Morning for Seniors*.

I Am Worthy of God’s Infinite Love – I am whole and complete *exactly as I am*. My life is perfect exactly as it is. I don’t need to do anything, or achieve any goals, to be worthy of God’s infinite love. I was born worthy. Experiencing heaven on earth is experiencing myself as whole, complete, and perfectly loved exactly as I am. Ohh... And consider that maybe I can only experience God’s love to the degree that I’m willing to love myself, because that is how I experience God’s love. It’s always flowing, like a river or water out of a firehouse. I must simply remove any blockages I have and allow God’s love to flow through me. As Michael Singer says, “Your spiritual work is to simply remove the blockages (aka samskaras) that you have built up over your lifetime. As you remove blockages, love flows through you.”

Be the Most Positive Person I Know! 😊 Beginning with how I engage with Ursula, get back to being a beacon of love, hope and light, illuminating for Ursula and others what a miracle life truly is! How blessed we truly are! Focus on shining gratitude on every experience. Radiate love!

Financial Abundance – I am committed to create financial freedom for myself and my family, so that we don’t ever have to worry about money and will always have everything we need to thrive. No matter what financial challenges I’ve faced in the past, I’ve always managed to figure it out, and I’ll always be able to.

Our Blessed Home – I just realized how pessimistic and fearful I’ve been about our home, ever since we got it. 😊 As a result, I’ve taking for granted how blessed we are to live here. Now that I’m conscious of this, I choose to be deeply and authentically grateful for this home and that we get to live here! Thank you, God, for blessing us with this beautiful home. Thank you, God, for enabling us to not only afford it. I love how nice and comfortable it is. I love that it has everything we need. I love that it’s big enough to comfortably fit us, but not so big that we lose each other in it. I am so grateful that it provides shelter from the elements. I feel so blessed, God, that you would bless my family with this home. 🙏❤️

Heaven On Earth –  I've been allowing all the stressful things that are going on in the world to occupy way too much real estate in my psyche, rather than focusing on optimizing my experience of life by being grateful and joyful for all of the blessings that I have. And so my reality has become one of worry and stress and fear, and thus I'm NOT enjoying my one life I've been given, like I could/should be. I'm missing out on the Heaven On Earth that is always available to me.

Well, no more! Re-read the following excerpt from Aubrey's recent email "When Will You Start Believing" and incorporate it in this affirmation to remind me that I deserve to live in a constant state of love and gratitude and joy, trusting that God will always provide for me, like he always has. 🙏❤️😌

Aubrey Marcus' Email: *No matter how many impossible synchronicities have shaped my life, I still find myself lacking faith. It's actually kind of offensive when I think about it. Imagine if you were a kid and your mom made you breakfast every single morning before school, but every night before you went to sleep you were afraid that the following day there would be no breakfast. That would be kind of offensive to your mom. And, my own lack of faith is kind of offensive to God, who time and again puts me in the right circumstance to make the next most important decisions of my life. I wonder how much happier I would be if I simply just decided to trust??*

No Stress, No Fear – I should never be stressed or worried about anything. I have a great life. I do great work. I help people and live my purpose of inspiring and empowering others to improve themselves and their lives. I have a great income and I have unlimited potential to make as much money as I want. I have money saved and always save the money I make. I have NOTHING to fear and refuse to live in fear. There is nothing to ever worry about (financially) because I am 100% responsible for my life and my future is taken care of by me.

Maximizing My Impact –  Hal, seriously—STOP posting anything controversial (like that post I shared on July 7th about cancer that got a ton of negative comments). It is detrimental to my ability to help as many people as possible. (That's why Bri tells me to stay on mission! I need to listen to her!!)

Focus on inspiring people and being a bright light, constantly illuminating a positive, empowered perspective for others during these dark times and empowering them to shine their own light.

Developing a Healthy Ego –  Breakthrough: I've lived most of my adult life under the false presumption that ego is a bad thing and that we must transcend our ego. It just occurred to me that it's not about having "no ego" (as I've mistakenly thought and lived my life accordingly), it's about having a HEALTHY ego. One that is self-confident with high self-esteem and self-love, enjoys recognition and accolades, and yet with none of the negative qualities like arrogance, greed, or shame.

And one who enjoys and celebrates my wins and accomplishments. It's okay to feel pride as long as it is from a place of love, humility, and gratitude. I'm allowed to see myself as a badass! 😊 That's a trait of a healthy ego. So, from now on, start studying what it means to have a healthy ego and make that one of my highest priorities.